



General

- ☐ A supply of water (three litres per person per day) and long-lasting food that can be easily prepared, all for three days
- ☐ A mug or a bowl, cutlery, can opener
- ☐ Personal documents (ID card or passport, insurance card)
- ☐ Other important documents (insurance contracts, saving account contracts, stocks, bonds, etc.)
- ☐ Cash, credit cards
- ☐ Personal medication and medical supplies (for seven days)
- ☐ A first aid kit
- ☐ Personal hygiene supplies
- ☐ A camera to take photos of the damage
- ☐ Clothing and footwear appropriate to the season
- ☐ A raincoat or an umbrella
- ☐ A mobile phone including a charger
- ☐ A list of family contacts and other important numbers
- ☐ An FM radio with charger or spare batteries (for monitoring news or weather forecasts)
- ☐ A flashlight with spare batteries
- ☐ A pocket knife
- ☐ Writing utensils
- ☐ A spare set of keys to the apartment or house and to the car
- ☐ A book, games and toys to keep the children entertained

Supplement basic equipment as needed, such as items for infants and young children. Don't forget your pets.

Pets

- ☐ A collar and leash
- ☐ A copy of the vaccination certificate
- ☐ food for at least three days
- ☐ A water bowl
- ☐ An animal carrier
- ☐ A sleeping pad
- ☐ A favourite toy

TIP:

Discuss with your veterinarian the possibility of vaccinating your animal. When the animal runs away, a chip will substantially increase the chances of being reunited with it.

During winter

- ☐ Blankets
- ☐ Sturdy boots
- ☐ A hat and gloves

Important phone numbers:

